

# Well Hello Goal Digger!!!!

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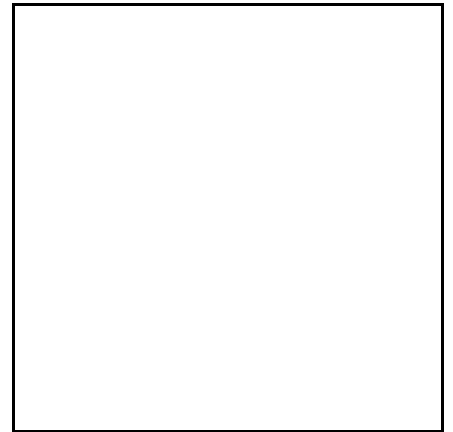
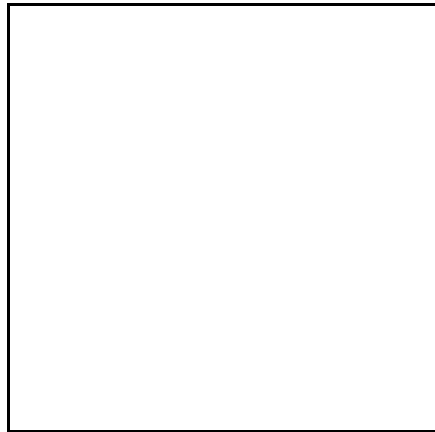
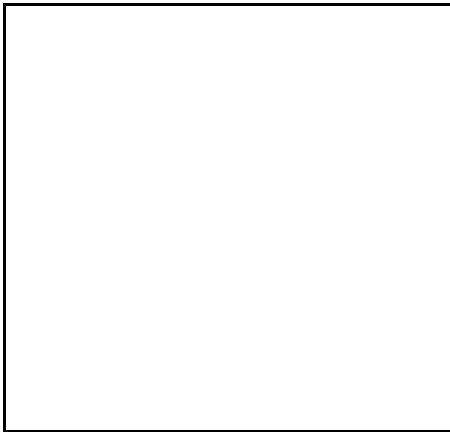
## Last Quarter Evaluation

MY GOALS FOR THE LAST QUARTER:

My biggest  
achievement

My biggest setback

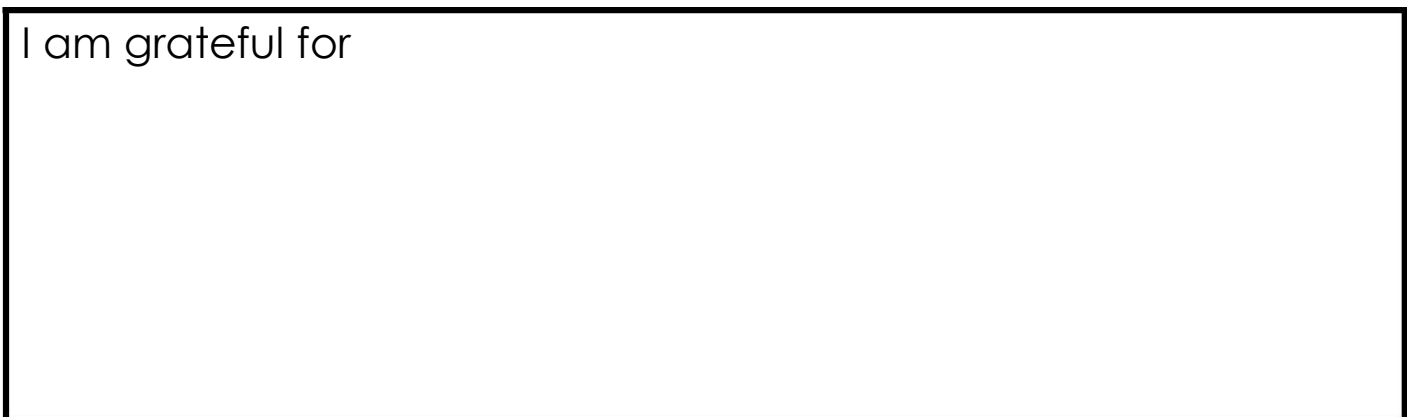
I am still working on



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What I enjoyed the most about this past quarter was:

I am grateful for



# Soul Searching

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Complete these sentences to close the gap of where you are now and where you want to be.

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**Next quarter I  
want to be better  
at**

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**I never want to  
do this again**

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**My biggest  
dream right  
now is**

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**I never  
thought**

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**The goal that was  
the most  
satisfactory to  
complete was**

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**I want to feel**

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**In 12 months I  
want to  
remember**

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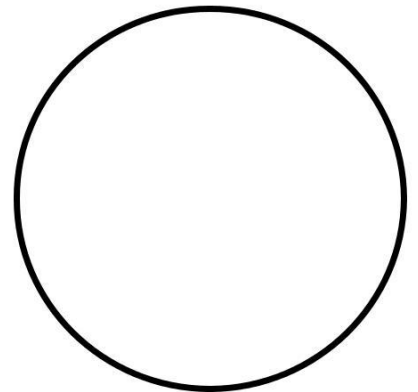
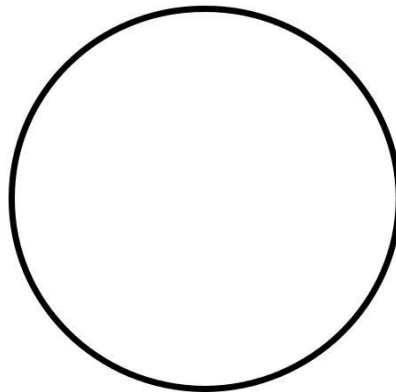
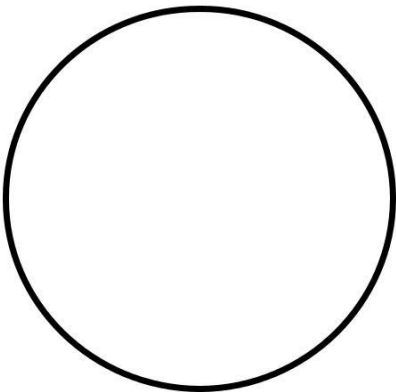
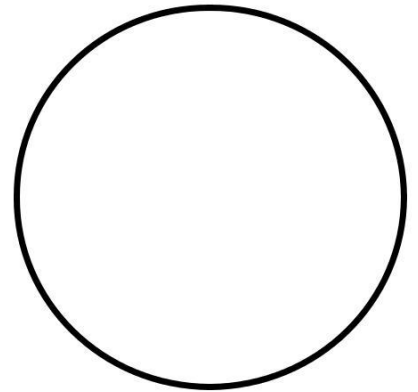
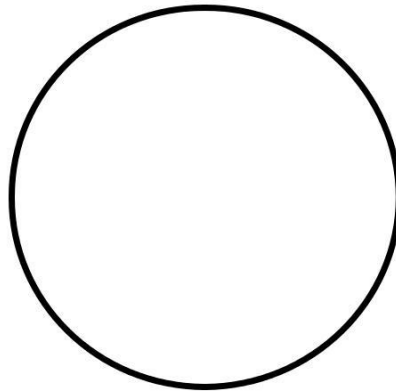
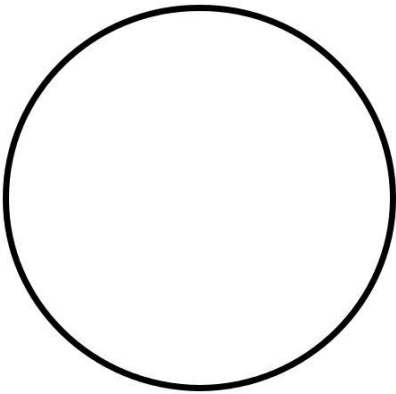
**In 12 months  
my ideal day  
will consist of**

# The Next Quarter

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Goals for the next quarter

The areas of my life I want to focus on are



Overall next quarter I want to feel

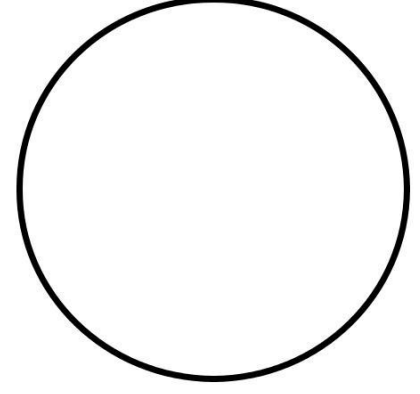
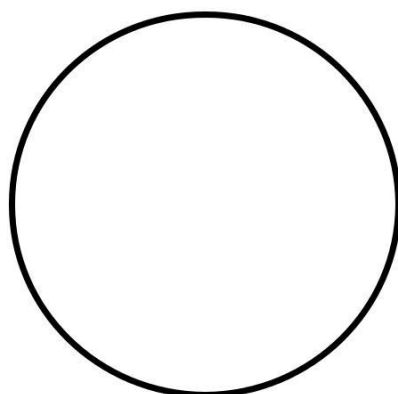
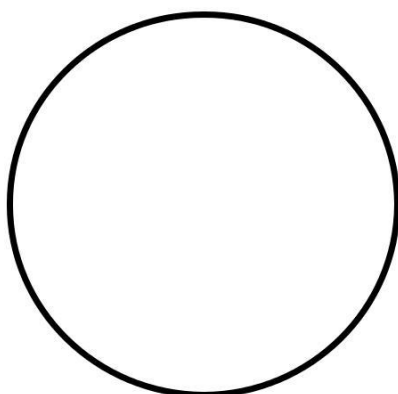
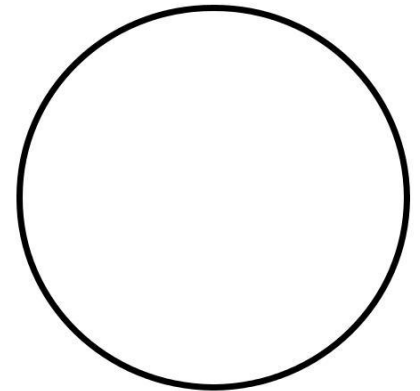
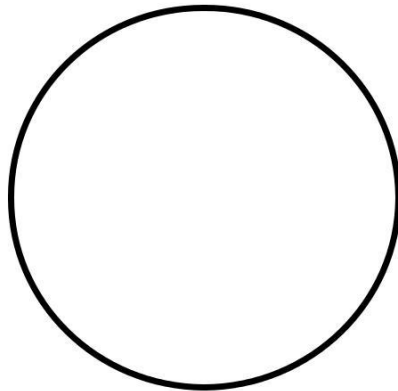
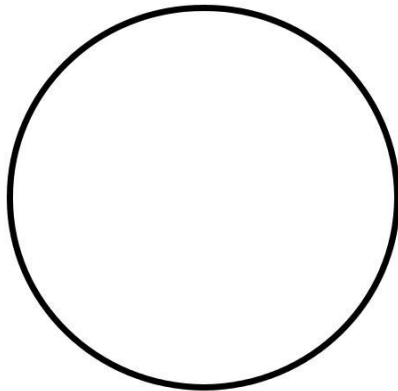
Area of focus:

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This is important to me because

It will change my life for the better by

Goals



Goal:

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Action steps for Month 1

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Action steps for Month 2

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Action steps for Month 3

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*Be patient. It will take time. It will require dedication. It will require will power. It will require sacrifice. But I promise you, when you reach your goal, it will all be*  
***WORTH IT!!!***